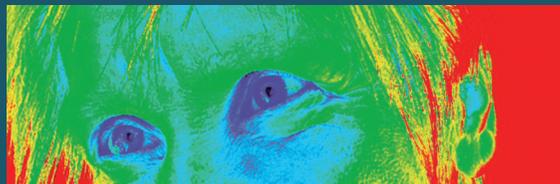


Women Together

- Community recovery groups open to any woman affected by any addiction
- Weekly meetings across Ipswich
- An opportunity for women who share a common desire to overcome addictive behaviour to meet together to share their thoughts, feelings and experiences in a safe environment



Tel: 07503 416576

Email: womentogether@talithakoum.org.uk



TK is a Christian charity welcoming women of any faith or none.
We are maintained through donations.
Volunteers welcome.



Talitha Koum

The Hope Centre, Wash Lane, Witnesham, Suffolk. IP6 9JE

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Tel: 01473 857432

Registered Charity No. 1135528 • Company Number 07137899



**The Hope
Centre**

Women-only
supported housing

**Women
Together**

Community
Recovery Groups

The Hope Centre

The purpose-built Hope Centre provides supported housing for women who want to move on from trauma and turmoil. With community living at its core, professional support staff are on hand to help residents:

- address individual needs and issues in a women-only setting
- explore life goals and make informed choices
- discover their strengths and skills in order to find the self-esteem and confidence they need to move on



Hope, Healing and Restoration in a safe and caring community

Accommodation:

- seven en-suite bedrooms including an accessible room
- two acres of grounds offering outdoor activities
- shared living rooms, kitchen, dining room and craft room

Support includes:

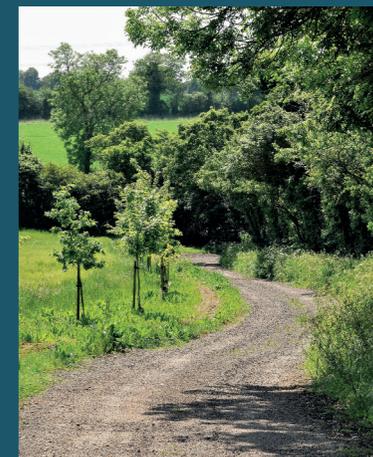
- a safe home base for women aged 18 to 65
- on-site and off-site activities
- moving-on mentoring
- encouraging self-esteem through one-to-one support and planning
- vocational and leisure opportunities



- needs-based referrals welcome
- registered for enhanced housing benefits

Expertise

Life can be tough. Sometimes you need a little help to get back on your feet. Whether you're struggling to navigate a new life following past addictive behaviours, a survivor of violence or abuse, or looking to overcome another challenge in life, TK is ready to help you realise your potential and live your life in freedom.



TK's skilled staff, based at the Hope Centre, work alongside you offering help with benefits, support to engage with other professional agencies and encouragement as you plan your life goals.